

MEDICAL BOARDS



A Few ACRONYMS

MEB	= Medical Evaluation Board
PEB	= Physical Evaluation Board
PEBLO	= PEB Liaison Officer
APEBLO	= Alternate Physical Evaluation Liaison Officer
NARSUM	= Narrative Summary
PDA	= Physical Disability Agency
NARSUM	= Narrative Summary (heart of MEB)
PDRL	= Permanent Disability Retirement List
TDRL	= Temporary Disability Retirement List
TRANSPROC	= Transition Processing
USAPDA	= United States Army Physical Disability Agency
VASRD	= Veterans Affairs Schedule for Rating Disabilities



Our Customers

- ACTIVE DUTY

- (Army + limited support to other services)

- RESERVE COMPONENTS, AGR,
MDAY, TPU, INCAP, ADME, FFD
- MEMBERS ON TDRL

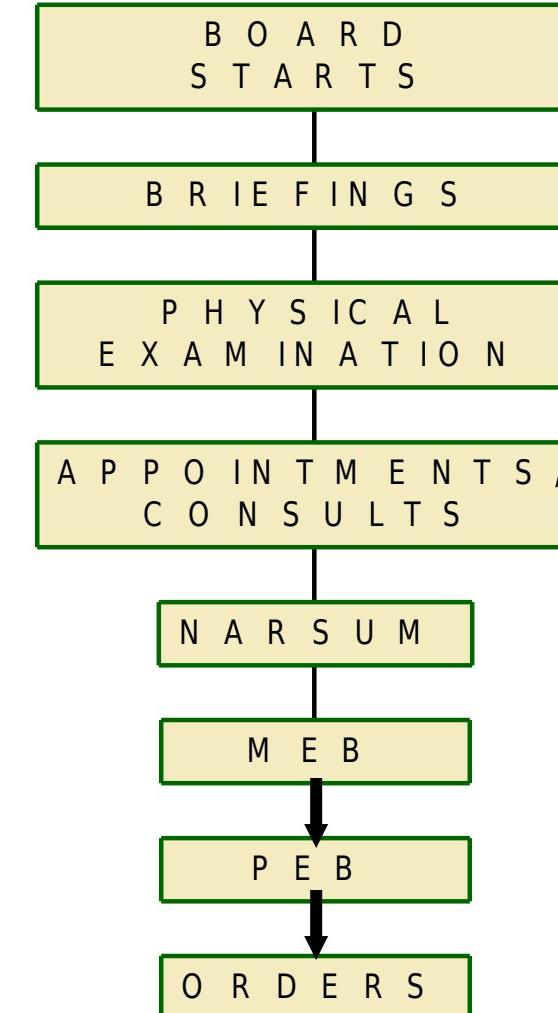
Roles and Responsibilities of the PEBLO

- Counselor
- Mother
- Supervisor
- Editor
- Mediator
- Chaplain
- First Sergeant
- Pest





MEDICAL BOARD PROCESS



How did I become a Medical Board?

3 Ways to become an MEB:

- 1. REFERRED BY A
FITNESS FOR
DUTY EVALUATION**
- 2. REFERRED BY MMRB**
- 3. REFERRED BY A
DOCTOR**



A Medical Board is **NOT...**

- 💥 An MOS reclassification Board - any MOS reclassification would have occurred at the MMRB.
- 💥 You **WILL NOT** sit in front of a panel of board members. The MEB is simply a DR's evaluation and recommendation.



How long does it take to complete a Medical Board?

From the time you are notified, by the WRAMC MEB staff, that you will undergo a Medical Board, our goal is to send the case to the PEB within 90 days

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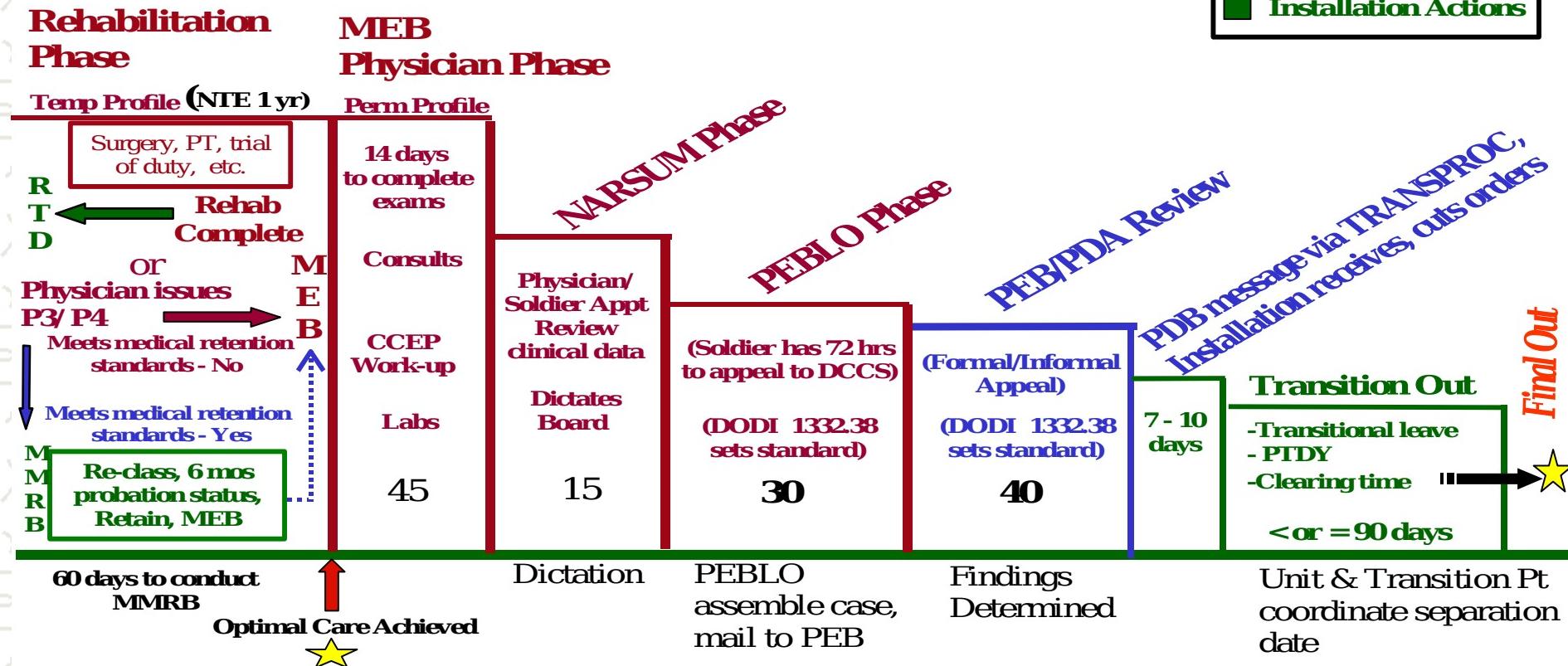
THIS IS ONLY AN ESTIMATE

How long does it take to complete a Medical Board?

U. S. Army Medical Command
Physical Evaluation Processing Timeline Goals

Phases

Color Key	
MEDCOM Actions	Maroon
PERSCOM Actions	Blue
Installation Actions	Green



What is a Medical Board?

It is a “word picture” of your medical condition, military history and lifestyle.





History & Physical (DD 2807 & DD 2808)

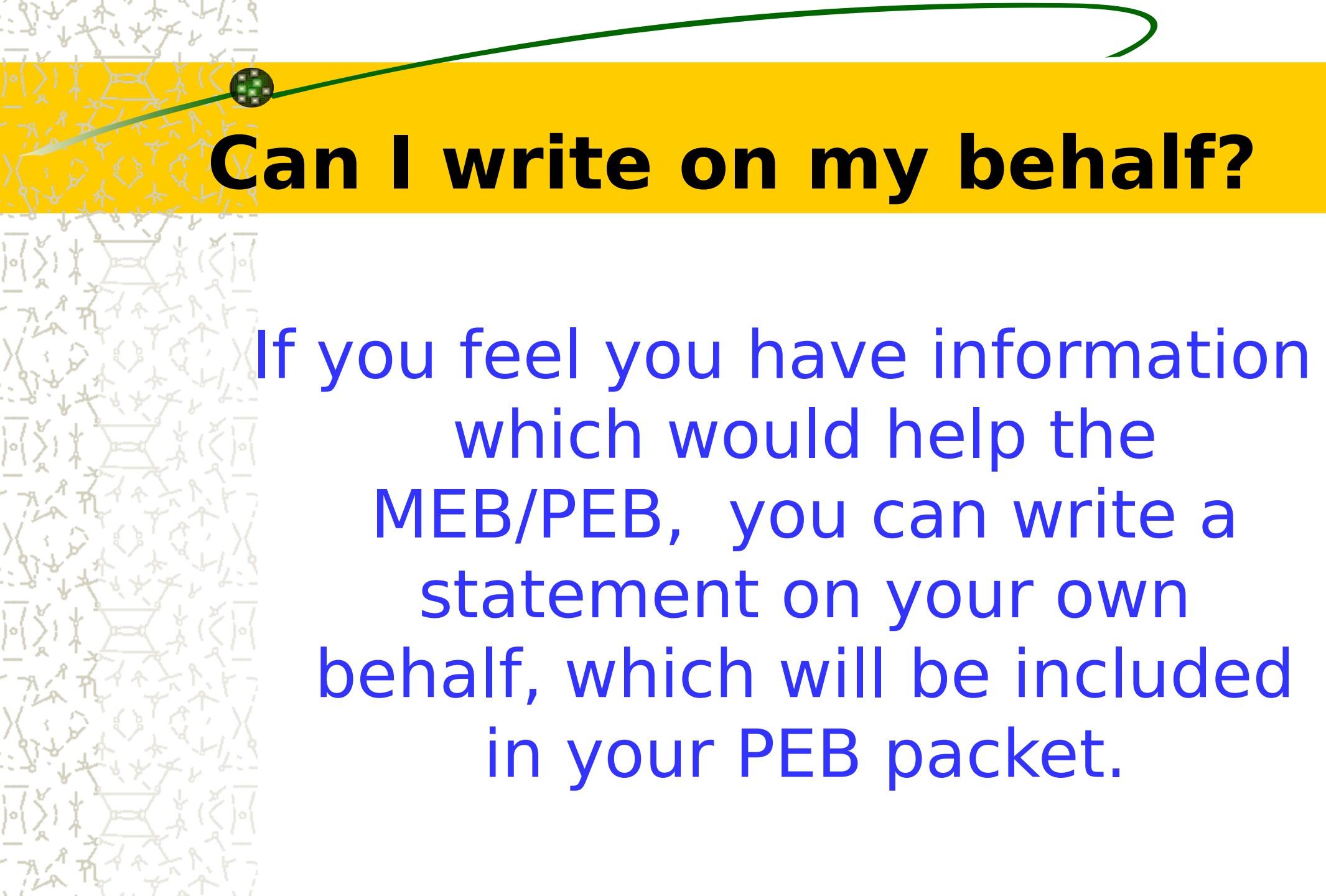
When you complete your forms (DD 2807 & DD 2808), address **ANY** and **ALL** medical conditions which you have.



Narrative Summary (NARSUM)

It is in your best interest, to tell your Board Doctor about **any & all** medical problems you have. If necessary, they will be reviewed and addressed in your board. Your doctors **CANNOT** read your mind. If you do not tell them all your problems, they cannot help you.





Can I write on my behalf?

If you feel you have information which would help the MEB/PEB, you can write a statement on your own behalf, which will be included in your PEB packet.

Consults

If your PA or Board Doctor wants you to be evaluated by another specialty clinic, they will request a **consult** with that clinic. **Please notify your Medical counselor ASAP** when this happens.

DO NOT CALL TRICARE FOR AN APPOINTMENT - SEE THE MEB COUNSELOR!



What is in the MEB Packet?

- Coversheet (DA FM 3947)
- Narrative Summary (**NARSUM**): written by your doctor. Provides a “word picture” of your condition, history and status. Provides a recommendation.
- **Consults** from clinics you visited.
- Current **History & Physical** (DD 2807 & 2808).
- Copy of your **profile**.



Personnel Data**

→ ERB/ORB/PQR

- Disciplinary Action Statement completed by the custodian of your 201 file (**PSB**)
- Commander's Evaluation Letter
- NCOERs/OERs (**E-5 And above**) (**Last 3**)
- APFT SCORECARD (**Last 3 years**)
- 4187 (**Name changes, loss of rank, promotions, etc**)
- LES (**Current End of Month**)
- Medical Records
- MMRB Results if necessary

Personnel Data**

**RC soldiers may have additional requirements.

RPAS

Line of Duty Investigation (LOD)

Orders to Active Duty



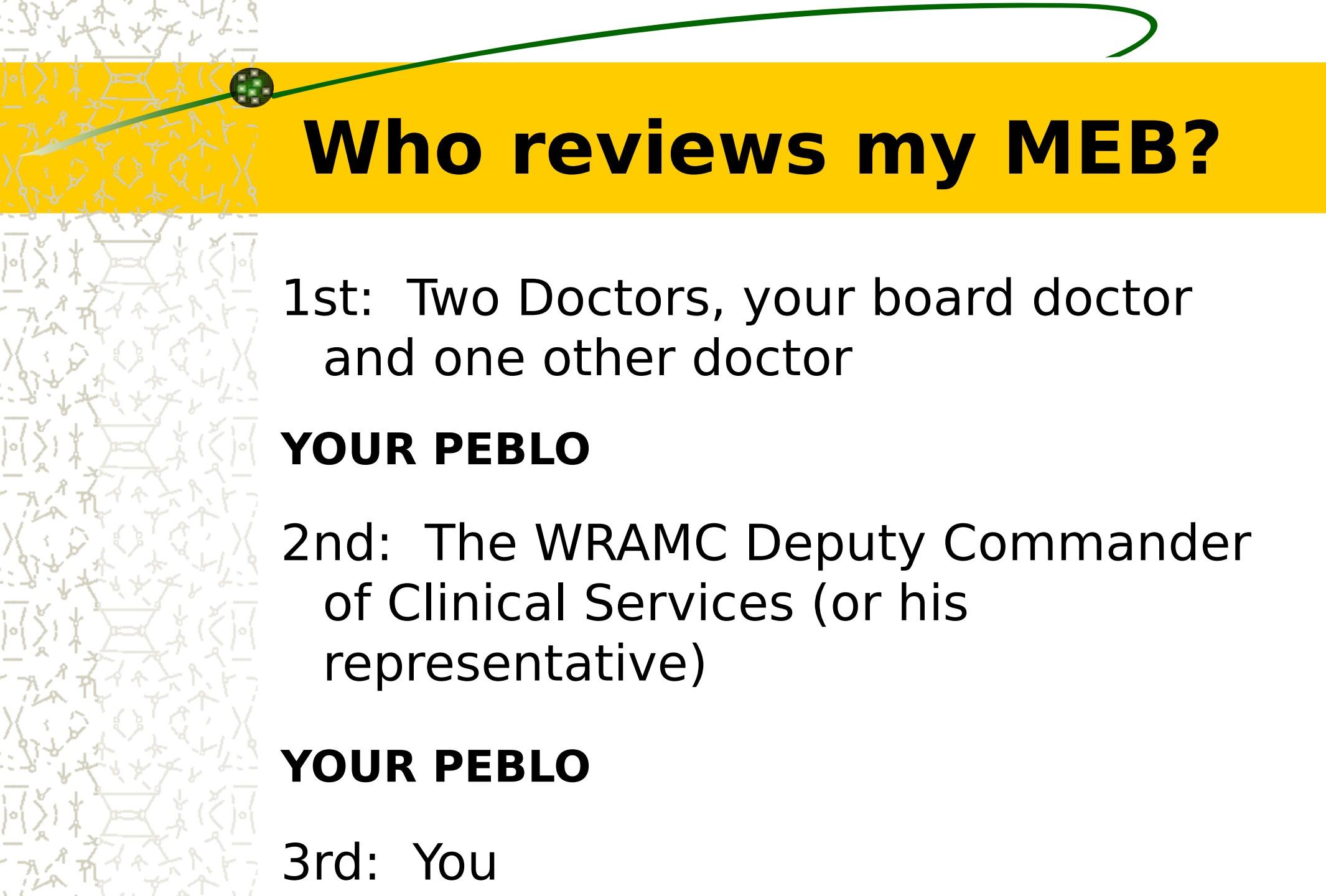
Completed PEB Packet

- MEB PACKET
- PERSONNEL DATA
- HEALTH RECORD



What are the possible MEB recommendations?

- The Board Doctor can recommend:
 - Return to Unit without limitations
 - Return to Unit with limitations
 - Refer to Physical Evaluation Board (PEB)
 - Other



Who reviews my MEB?

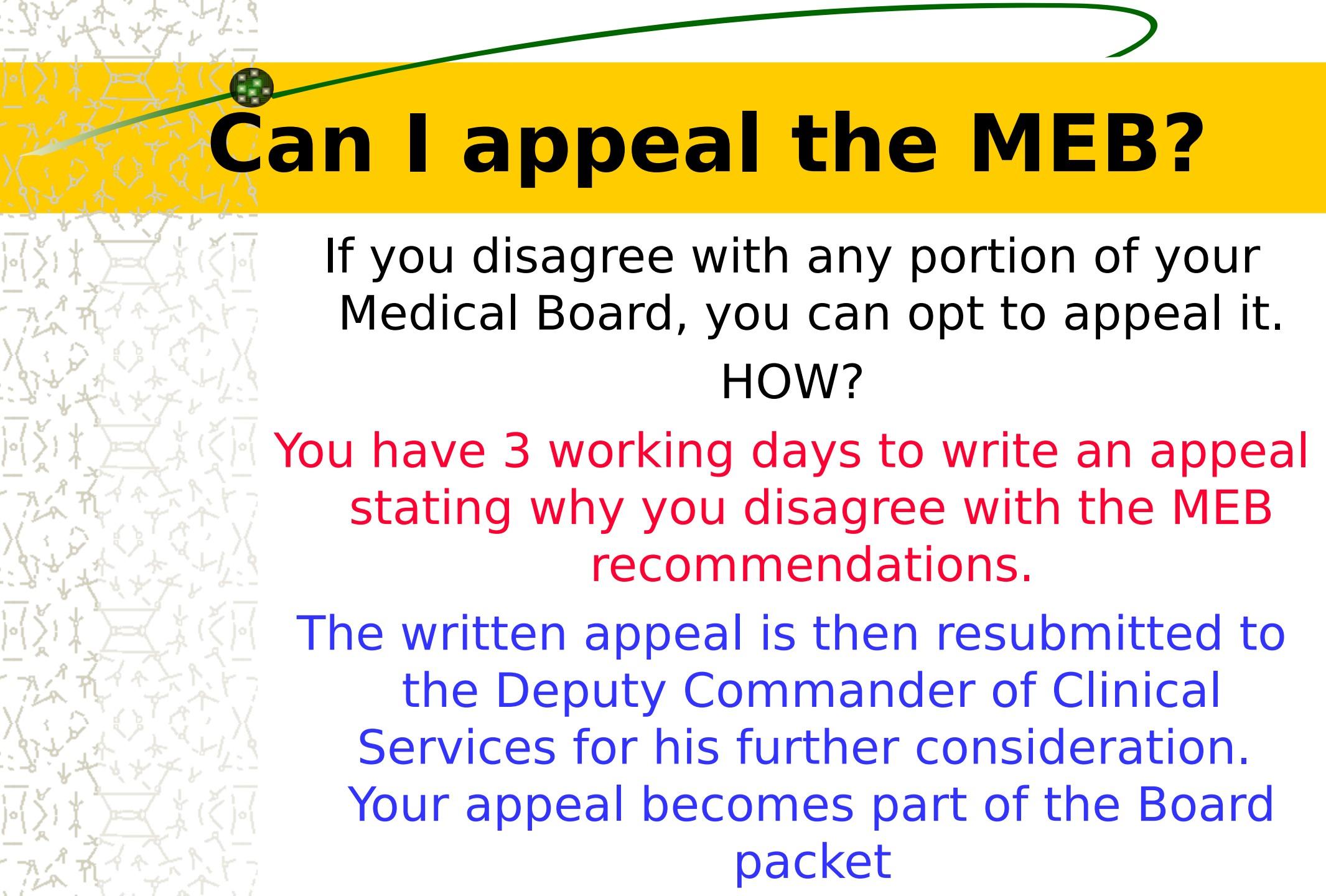
1st: Two Doctors, your board doctor
and one other doctor

YOUR PEBLO

2nd: The WRAMC Deputy Commander
of Clinical Services (or his
representative)

YOUR PEBLO

3rd: You



Can I appeal the MEB?

If you disagree with any portion of your Medical Board, you can opt to appeal it.

HOW?

You have 3 working days to write an appeal stating why you disagree with the MEB recommendations.

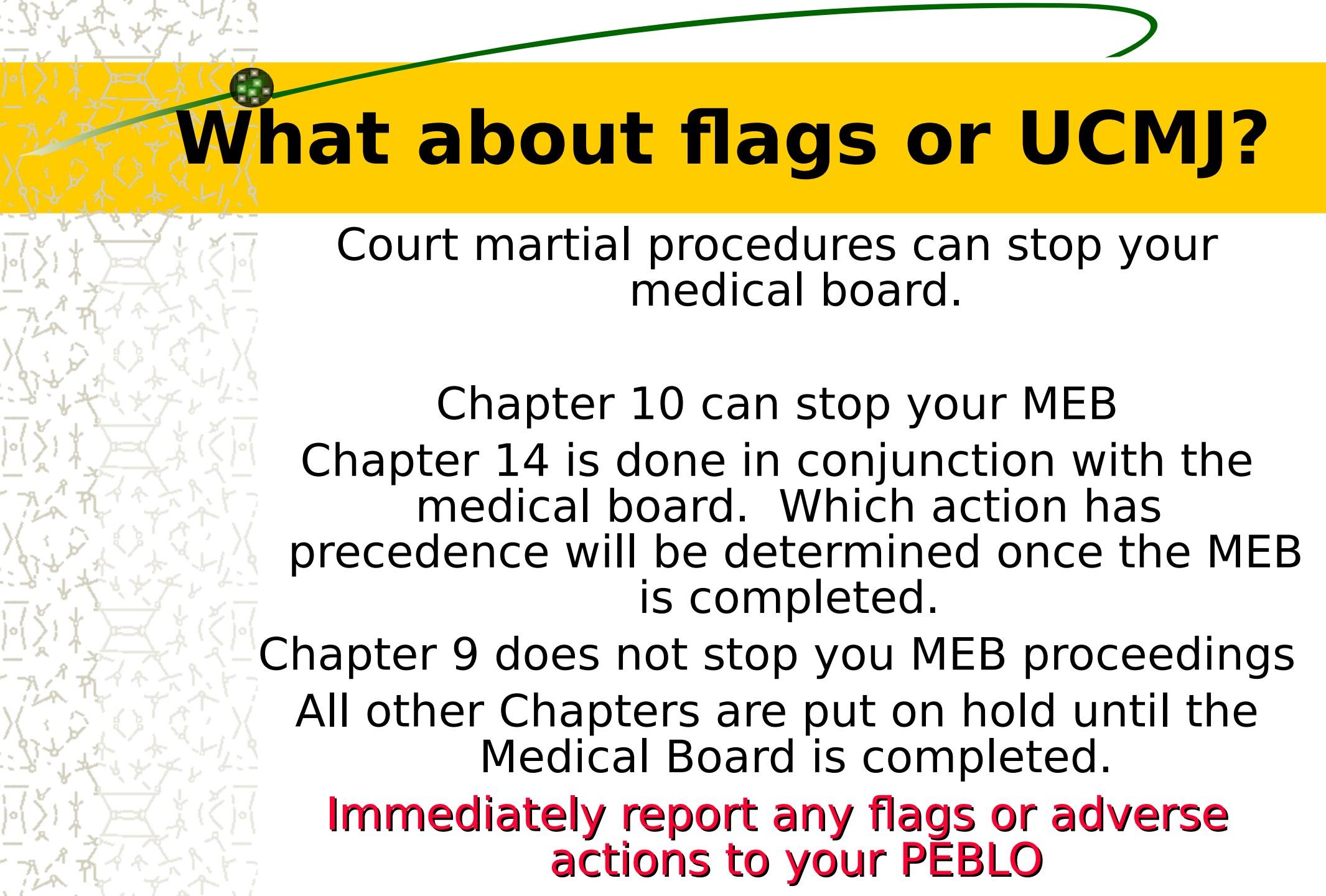
The written appeal is then resubmitted to the Deputy Commander of Clinical Services for his further consideration. Your appeal becomes part of the Board packet



Line of Duty (LOD)

An LOD is **REQUIRED** for any condition that is the direct result of an accident or injury which occurred while entitled to Active Duty Pay.





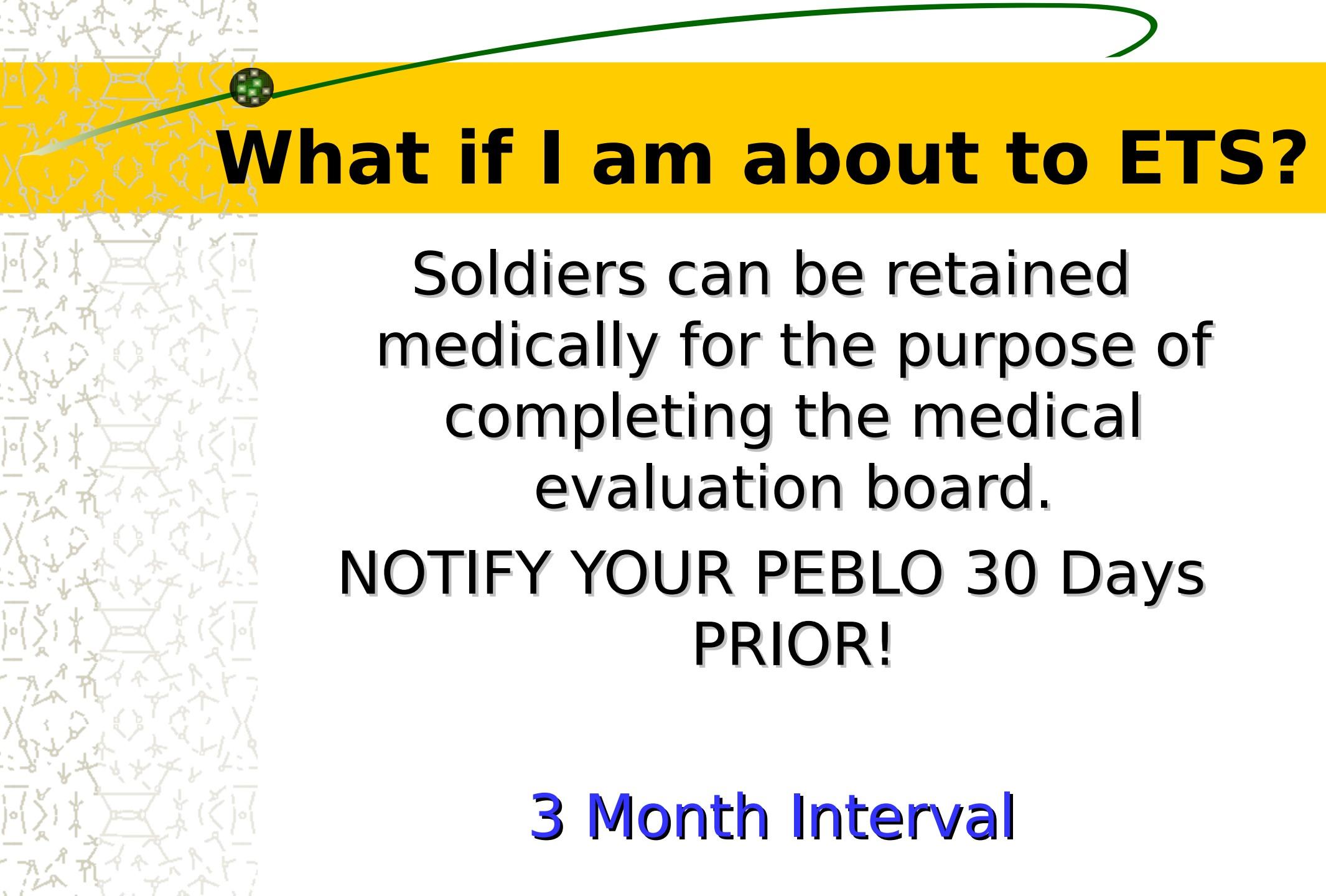
What about flags or UCMJ?

Court martial procedures can stop your medical board.

Chapter 10 can stop your MEB
Chapter 14 is done in conjunction with the medical board. Which action has precedence will be determined once the MEB is completed.

Chapter 9 does not stop you MEB proceedings
All other Chapters are put on hold until the Medical Board is completed.

Immediately report any flags or adverse actions to your PEBLO

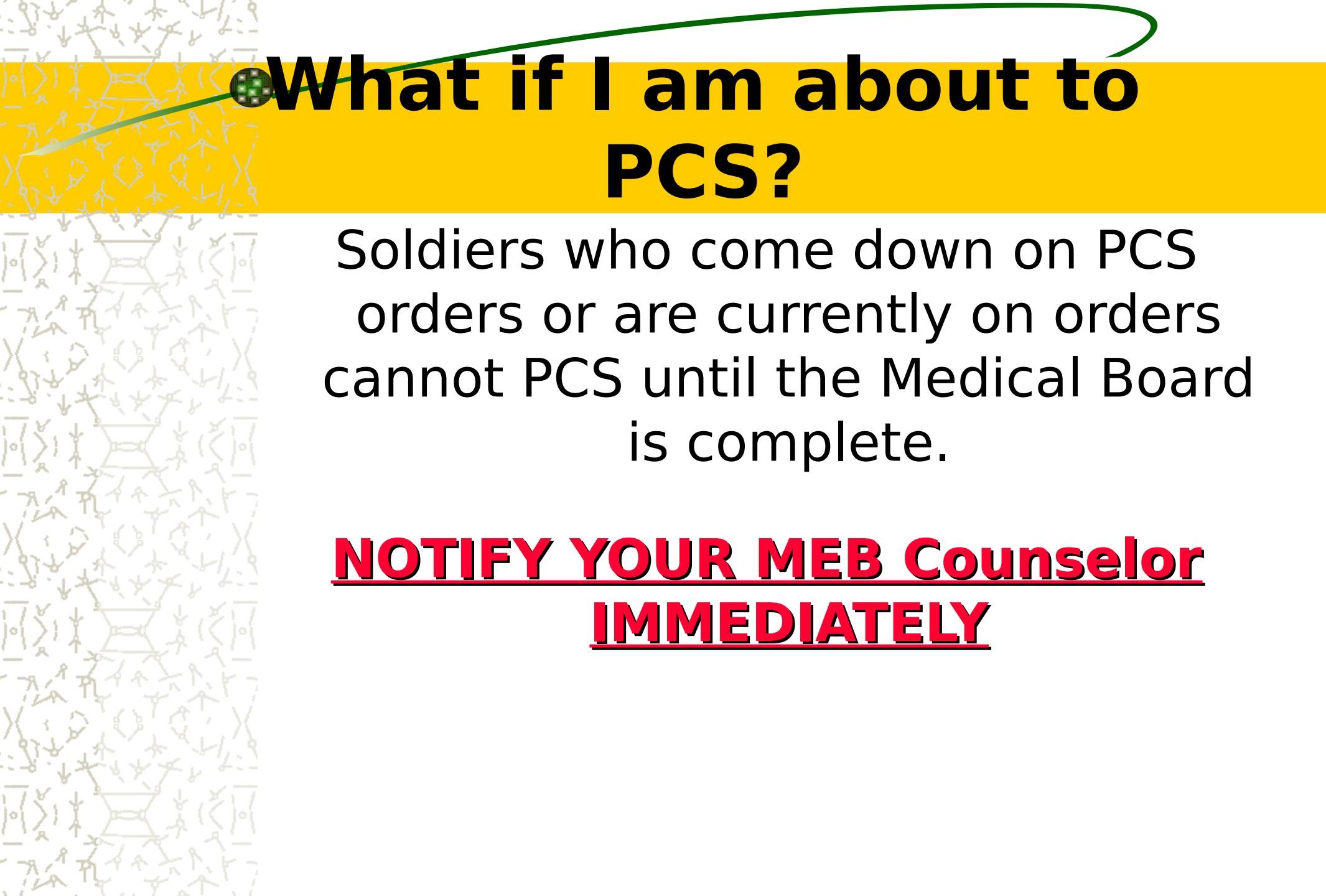


What if I am about to ETS?

**Soldiers can be retained
medically for the purpose of
completing the medical
evaluation board.**

**NOTIFY YOUR PEBLO 30 Days
PRIOR!**

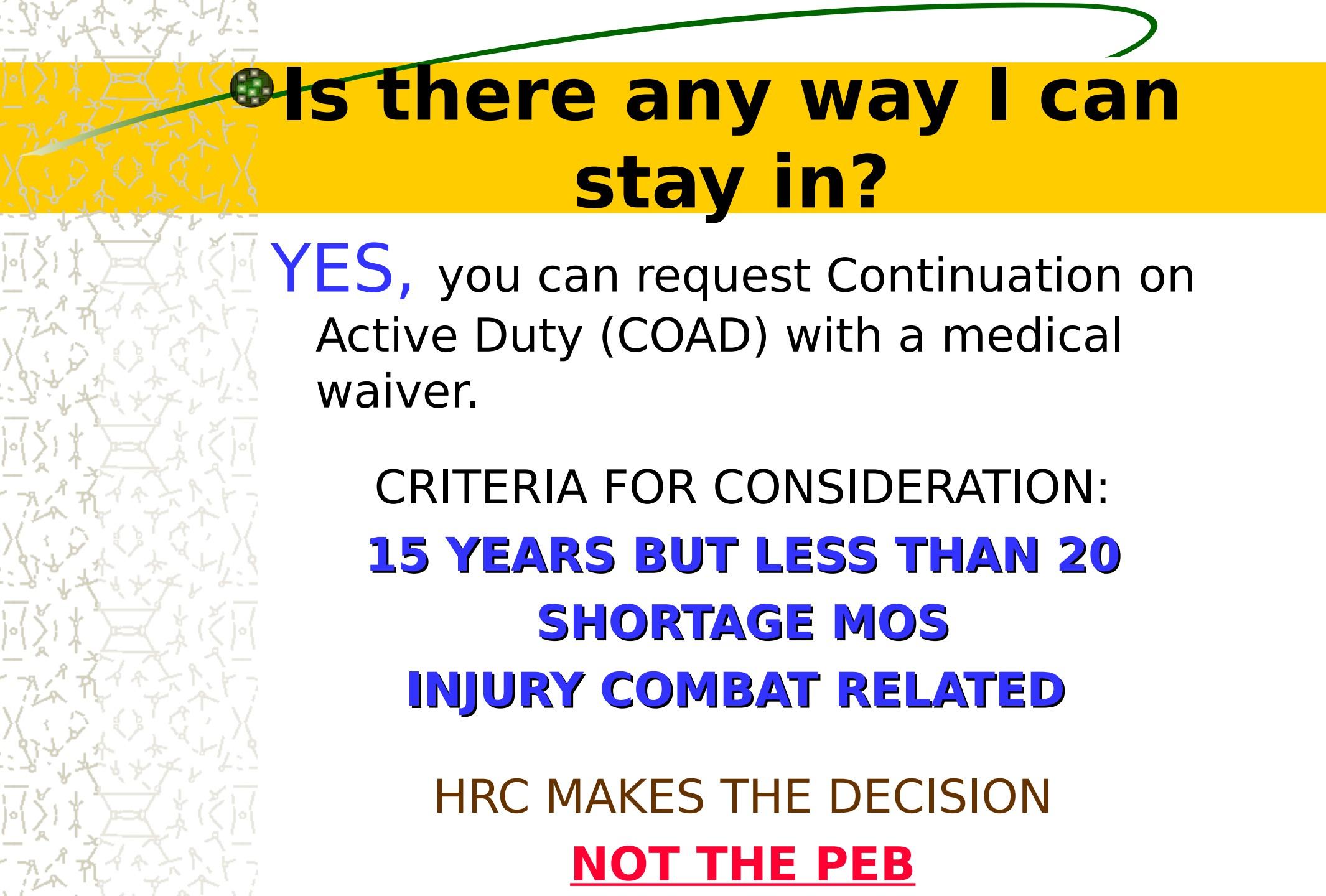
3 Month Interval



What if I am about to PCS?

Soldiers who come down on PCS orders or are currently on orders cannot PCS until the Medical Board is complete.

**NOTIFY YOUR MEB Counselor
IMMEDIATELY**



Is there any way I can stay in?

YES, you can request Continuation on Active Duty (COAD) with a medical waiver.

CRITERIA FOR CONSIDERATION:

15 YEARS BUT LESS THAN 20

SHORTAGE MOS

INJURY COMBAT RELATED

HRC MAKES THE DECISION

NOT THE PEB



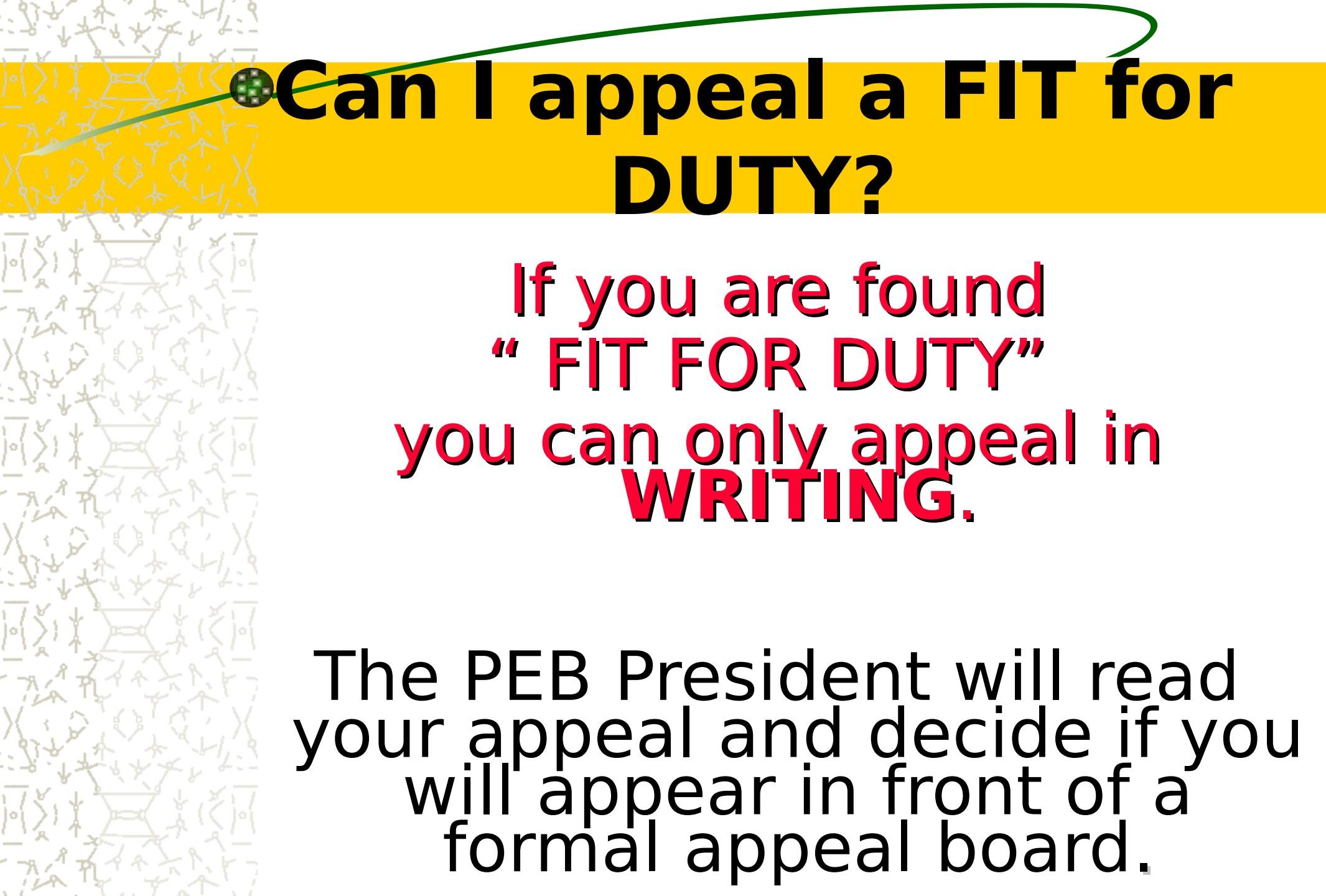
What does the Physical Evaluation Board Do?

The PEB reads all documentation
and determines your fitness
status:

“FIT FOR DUTY”

or

“UNFIT FOR DUTY”



Can I appeal a FIT for DUTY?

If you are found
“ FIT FOR DUTY”
you can only appeal in
WRITING.

The PEB President will read
your appeal and decide if you
will appear in front of a
formal appeal board.



“FIT for DUTY”

Once you have been found FIT for DUTY, you will receive a FIT letter from the Physical Disability Agency, you will be released from all restrictions imposed during the medical board process

**YOUR MEB PERMANANT PROFILE
WILL BECOME A PART OF YOUR
MEDICAL RECORDS.**



“UNFIT for DUTY”

When the PEB determines UNFIT for DUTY, they also determine the % of unfitness.

----% Existed Prior to Service

(EPTS)



0% - 20% Severance Pay

Calculation

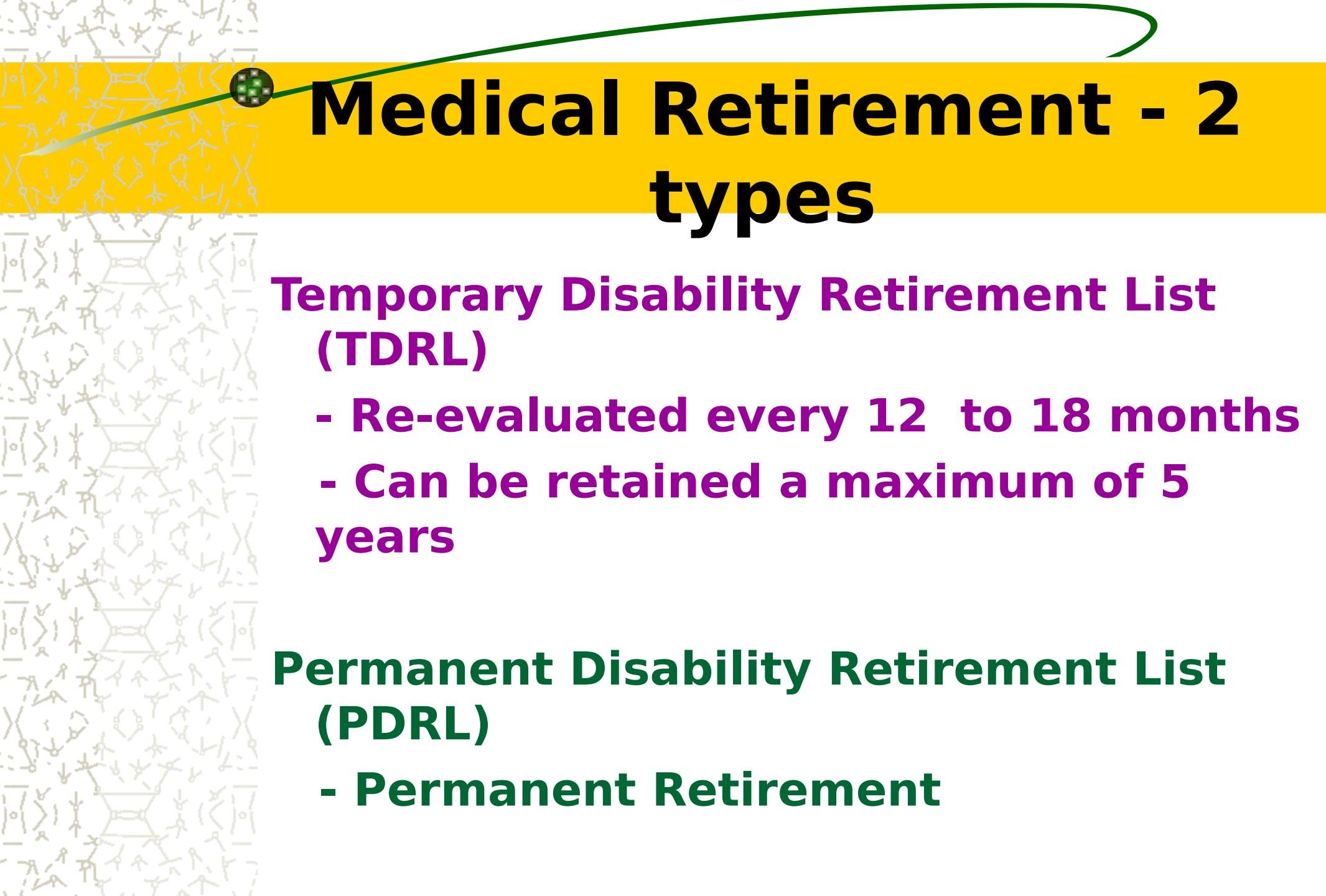
0 - 20 % -Severance Pay

**2 MONTHS BASE PAY FOR EACH
YEAR OF ACTIVE SERVICE (UP TO
12 YRS)**

2 X #YRS X Base Pay

**EXAMPLE: 6 YEARS 10 MONTHS
ACTIVE SERVICE WOULD BE**

2 X 7 X BASE PAY = \$\$\$



Medical Retirement - 2 types

Temporary Disability Retirement List (TDRL)

- Re-evaluated every 12 to 18 months**
- Can be retained a maximum of 5 years**

Permanent Disability Retirement List (PDRL)

- Permanent Retirement**



Retirement Benefits

Eligible for all benefits awarded to 20 year length of service retirees:

**MEDICAL THROUGH TRICARE
DENTAL THROUGH TRICARE
COMMISSARY AND PX**



Can I appeal this recommendation?

If you disagree with an “UNFIT for DUTY” determination, you can appeal in two ways:

1. IN WRITING
2. REQUEST A FORMAL BOARD with LEGAL REPRESENTATION

YOU HAVE 10 DAYS TO MAKE YOUR DECISION

NOTE:

If you choose to appeal in writing, and the appeal is rejected, you may lose your right to request a formal board.



What happens to my leave?

If you are separated or retired, you will have to sell back your leave.

Any leave over 60 days (or if you have previously sold back leave) will be given to you as transition leave.

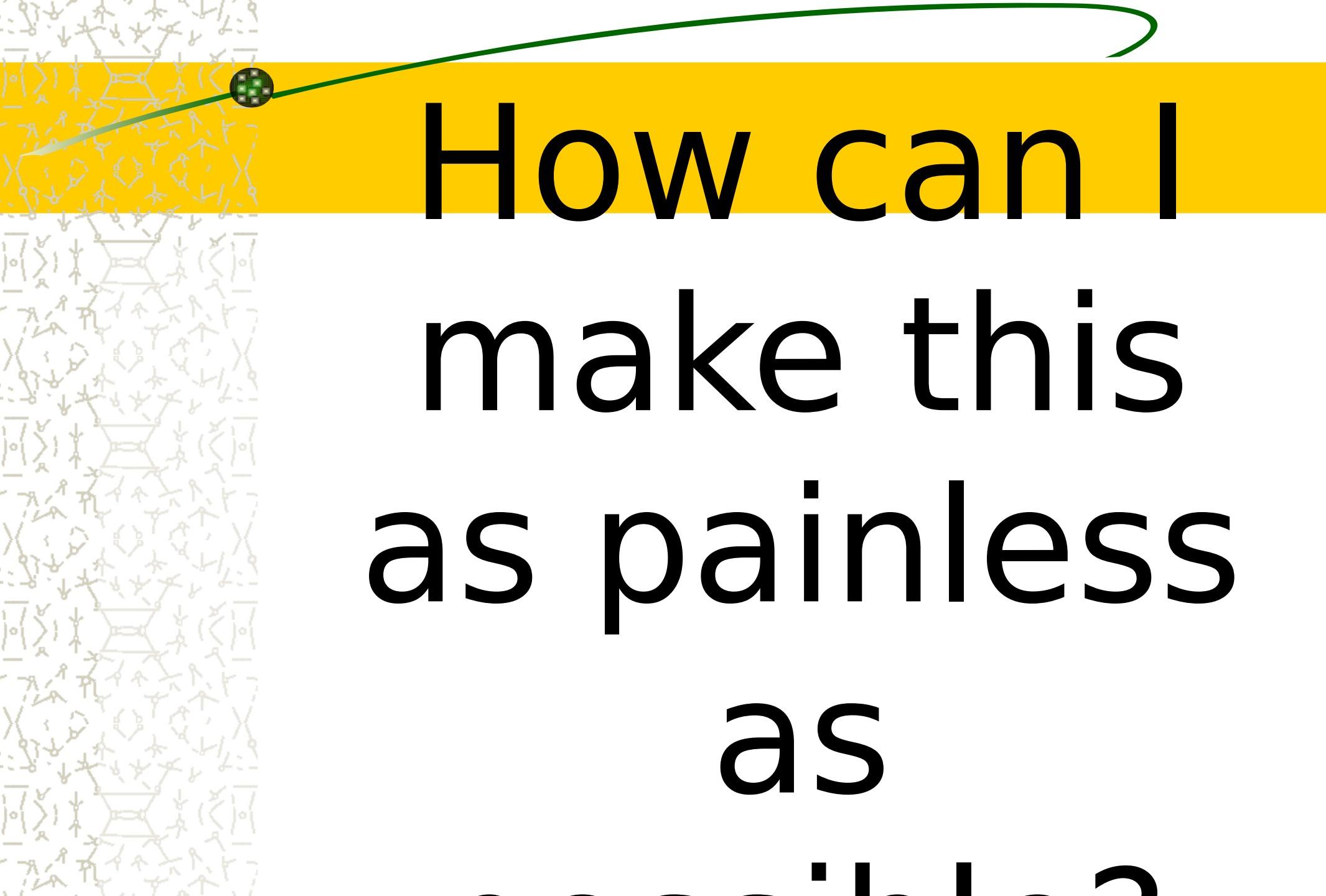


What about confidentiality?

- Your medical board is personal and private.
- Limited information can be provided to your unit:
 - IF YOU ARE A MEDICAL BOARD
 - WHAT IS THE BOARD'S CURRENT STATUS
 - IF YOU WERE FOUND FIT OR UNFIT

Family members do not have automatic access to your medical records/board status.

KEEP EVERYONE CONCERNED INFORMED.

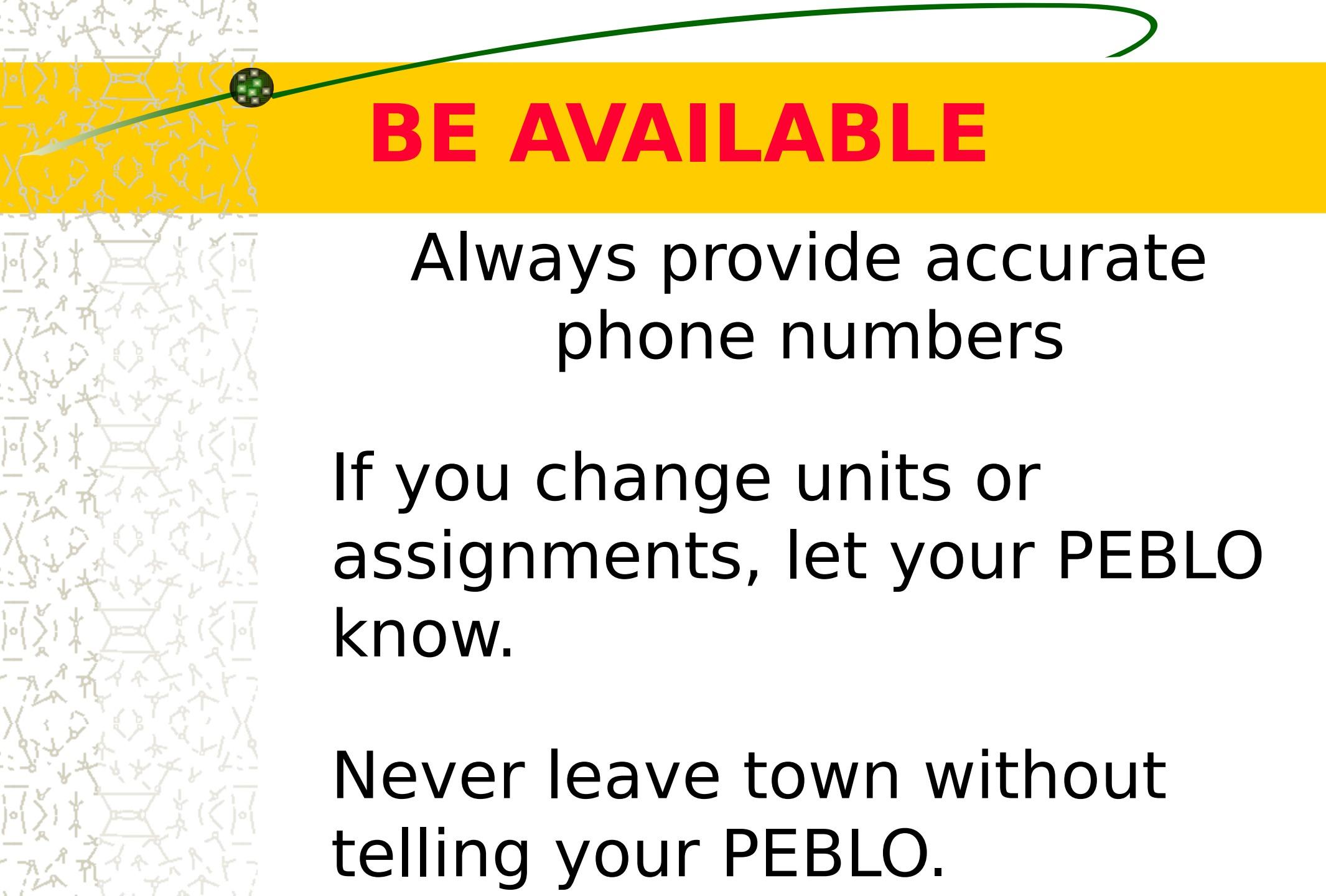


How can I
make this
as painless
as
possible?

IGNORE RUMORS

All cases are unique.
Until the PEB makes a
determination, **NO ONE**
KNOWS WHAT THE
OUTCOME WILL BE





BE AVAILABLE

Always provide accurate
phone numbers

If you change units or
assignments, let your PEBLO
know.

Never leave town without
telling your PEBLO.



BE AT YOUR APPOINTMENTS

Don't miss any of your
appointments.

Be on time with your ID card
and medical records in hand

**Be in the appropriate
Uniform**

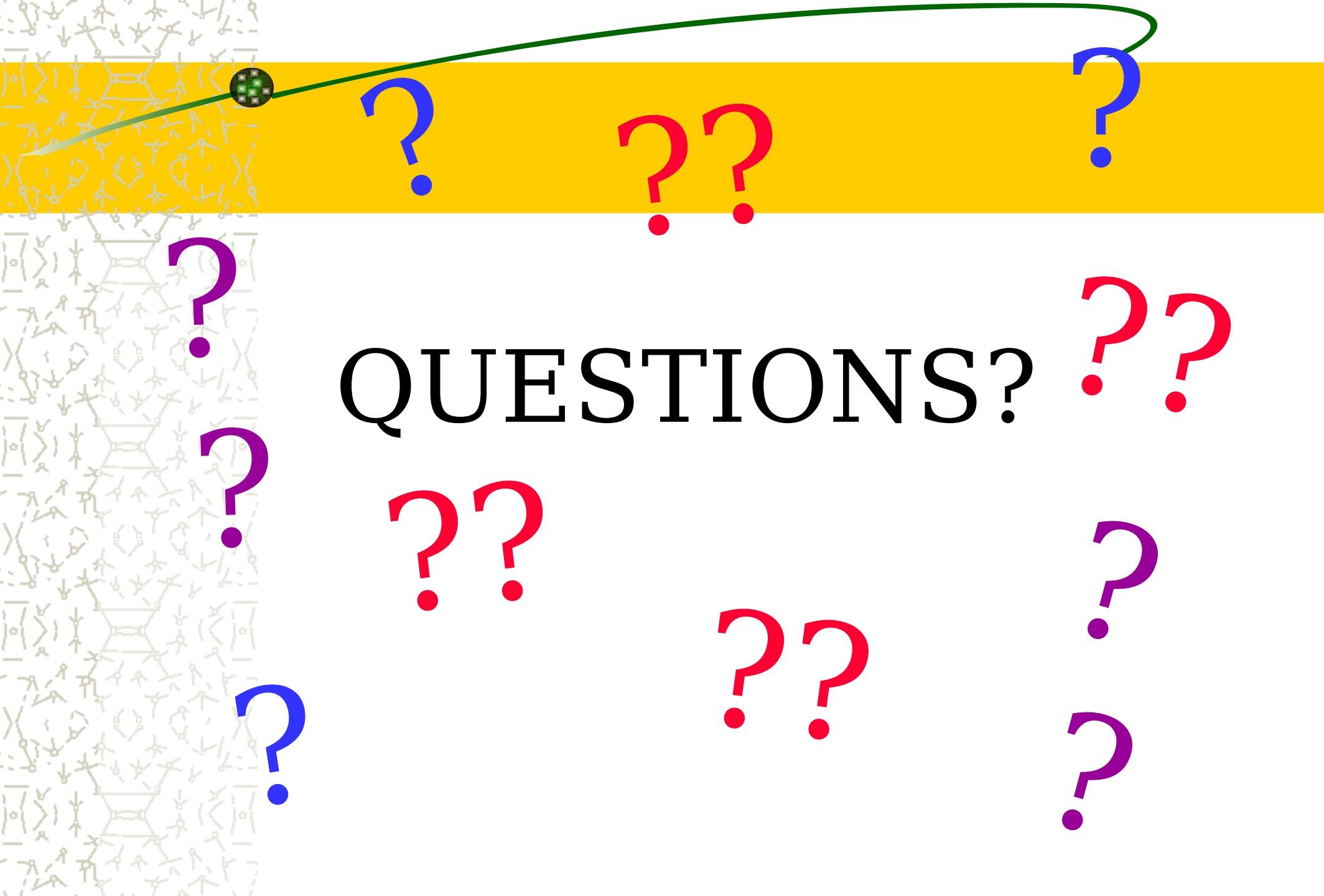
Be prepared to wait



BE INFORMED

Ask questions. Ask how long each step should take and follow-up. This is **YOUR** career and **YOUR** board. Take the time to review all documents for accuracy. Provide accurate and timely information.

**YOU ARE THE KEY TO
YOUR BOARD.**



QUESTIONS?

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